



Fall 2022

Dear Friend of Healthy NewsWorks,

Playing a role in Healthy NewsWorks has many joys. But the greatest one is seeing a young person accomplish something that was meaningful, as well as challenging. Be it interviewing a health expert, publishing an article that their school community reads, identifying and sourcing trustworthy information, or adopting a healthy habit or behavior. The Healthy NewsWorks staff and I are privileged to be part of these moments on a regular basis.

I got to know **Katelynn** during the pandemic when she was in third grade and part of a class interview with a 12-year-old cowgirl in Northeast Nevada. I saw Katelynn sparkle as she asked question after question then, and later in other interviews. She continued with Healthy NewsWorks last year as a fourth grader, building her interviewing and writing skills. She also was a core member of our “How We Heal” film crew and contributed to our 2022 book. I asked her to share something she accomplished that she found meaningful or challenging. Here is what she wrote:

KATELYNN: IT’S HELPED ME IN SCHOOL AND AT HOME



Katelynn appears in our film, “How We Heal.”

My experience with Healthy NewsWorks has been **AMAZING!** What I mean by this is: It’s helped me improve in behavior and with my education. For example, I used to write “sloppy.” I didn’t use many adjectives. My sentences were very short and my punctuation needed work. I had many run-on sentences. **But because of Healthy NewsWorks, I use more descriptive language and more vocabulary words, and I write more professionally.** So

therefore, Healthy NewsWorks has helped me in school.

Another example is behavior. Before Healthy NewsWorks, I was living the life of a normal girl (at least compared to now). I would come home from school, change, play outside, and then wait until the last minute to do my homework. But now, I come home from school, change, and do any important schoolwork, and then I play. As you can tell, I am much more responsible than I was before.

Before Healthy NewsWorks, it would’ve been so hard to believe that I would meet a professional news reporter, write articles for two books, and work on a film that is being shared with a college class, and so much more.

Without Healthy NewsWorks, I probably would never have had these opportunities.

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Donations to Healthy NewsWorks are tax-deductible. (Tax ID: 81-4668072)

We want to give as many children as possible the same kinds of opportunities that Katelynn has had. For nearly 20 years, thanks to generous people like you, Healthy NewsWorks has been providing schools with proven programs that enable students to learn about health and develop critical thinking and writing skills that in turn empower them to become leaders within their schools and communities.

Please make a gift to Healthy NewsWorks today and support these young students who are truly making a difference. Your contribution is an investment that will have a profound influence on the 1,400 students we will serve directly this year with one of our three school-based programs.

With deep gratitude for your generous support,



Marian Uhlman
Executive Director
Healthy NewsWorks

HOW YOUR GIFT CAN HELP:

- » **\$50:** Be part of our “50 dollars from 50 donors” campaign for one school’s newspaper.
 - » **\$100:** Join our “Press Kit Club” to buy supplies for Core Reporters in grades 3–8.
 - » **\$250:** Print school newspaper in color for 300 students.
 - » **\$500:** Adapt a student lesson for online learning.
 - » **\$1,000:** Support a Cub Reporter classroom for students in grades K–3.
 - » **\$2,500:** Be the patron of one fact-based newspaper edition.
 - » **\$5,000:** Bring Healthy NewsWorks to a school for a semester.
 - » **Other amount:** Gifts of any size will be deeply appreciated!
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